A Bedtime Routine

Pre-reading

Questions:
- Do you have a bedtime routine? What is it?

Definitions:
- Splash – to cause water to fly or spray
- Routine – done the same way each time
- Prepare – to get ready for something

Reading

Splash! Splash! Craig likes to take a bath. Each night a bath begins his bedtime routine. Dad lets Craig play with toys in the water. Then it is time to wash his hair and clean his body.

After his bath, Craig has a small snack. Dad helps him with the snack. Craig likes to have toast and jam with a glass of milk.

After a snack, it’s time to brush Craig’s teeth. Then comes the best part! It’s story time. Craig’s dad reads him two books each night. Craig chooses one and Dad chooses the other.

Now it is time for bed. Dad kisses Craig good night. Craig’s dad does the same routine each night. It helps Craig prepare for a good night’s sleep.
Understanding

1. What does Craig do first to get ready for bed? ____________________________________________

2. What is Craig’s snack? ______________________________________________________________

3. What does Craig do after his snack? __________________________________________________

4. What is the best part of getting ready for bed? _______________________________________

5. Why does Dad do the same routine each night? _______________________________________

Writing

Choice A: Retell the story in your own words.

Choice B: Write about your child’s bedtime routine.