Taste Testing

Pre-reading

Questions:
- What do you think this is a picture of?
- What do you think this story is about?

Definitions:
- Explore – to learn more about the unknown
- Flavor – the way something tastes
- Taste bud – one of the bumps on the surface of the tongue that senses taste
- Mellow – to soften or become less strong

Reading

We learn through our senses. We learn our likes and dislikes. We learn about people, places, and things. Our senses help us explore new things each day. Our sense of taste helps us understand the flavors of our world.

We taste four basic flavors: sweet, sour, salty, and bitter. Sugar and honey taste sweet. The taste buds at the front of the tongue taste sweet flavors. Lemons taste sour. The taste buds on the back sides of the tongue taste sour flavors.

Chips and crackers taste salty. Most people have taste buds for salty tastes on the front sides of their tongues. Some people have taste buds for salt all over their tongue. Take a bite of a banana peel, or try a piece of dark chocolate. They taste bitter. The taste buds at the back of your tongue taste bitter flavors.

Enjoy your sense of taste. It mellows as you grow older. Taste buds disappear with age. Babies are born with taste buds all over their mouths. They have taste buds on their tongues, and on the sides and roof of their mouths. Babies taste strong flavors in the foods they eat.
Understanding

1. What part of the body do we use to taste? ________________________________

2. How many flavors can we taste? What are they? ________________________________

3. Name a food that tastes sour. ________________________________

4. Where are the bitter taste buds found? ________________________________

5. What does the word disappear mean? ________________________________

Writing

Choice A: Retell the story in your own words.

Choice B: Which food flavors do you like the most? Which do you like the least?