

A Reluctant Doctor's Visit



Pre-reading

Questions:

- When were you last sick? What did you do to get well?

Definitions:

- Reluctant – unwilling; not wanting to do something
- Thirsty – the need to drink a lot of fluids
- Disease – a chronic illness
- Diabetes – an illness that does not allow the body to use food well
- Manage – to control

Reading

17 “I do not feel right,” thought Meg. She tells her friend, “I am tired each day. I
34 am thirsty all the time. I just am not myself.” “I agree,” says Norm, “I think you
38 should see a doctor.”

54 “I am afraid to go,” replies Meg, “He may find a disease.” Norm says, “I am
73 afraid for you too, but I think it is better to know what is wrong. Then you can get
88 help.” Meg thinks about what Norm said. She decides to call the clinic. Her visit
with the doctor is in four days.

95 At her visit, Meg learns that she has diabetes. The doctor says, “It can be
110 managed by diet and exercise. If that does not work, we will try other ways.”

125 Meg is not happy about the news, but at least she now knows what is wrong.
141 She hopes to feel better by doing what the doctor says.

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Level 2.0

Understanding

1. How does Meg feel? _____

2. Why is Meg afraid to go to the doctor? _____

3. Why does Norm want her to see the doctor? _____

4. What does the doctor find? _____

5. What are two things that the doctor suggests could help Meg feel better? _____

Writing

Choice A: Retell the story in your own words.

Choice B: Have you ever been afraid to go the doctor? Why or why not?
