

# Sam Can Feed Himself!

## Pre-reading

### Questions:

- What do you know about toddlers?
- How would you describe them?

### Definitions:

- Toddler – a young child between the ages of 13 months and 36 months
- Explore – to learn about unknown places or things



## Reading

16 Sam is 16 months old. He is a very busy boy! Like other toddlers his age,  
31 Sam is learning to be **independent**. He wants to do more things for himself. He  
48 feels proud when he learns a new task. One thing Sam loves to do is feed himself.  
62 Sam's mom expects mealtime to be messy. She knows a lot of learning takes  
75 place when he eats. Sam enjoys exploring and eating different foods with his  
89 fingers. Sam has learned that bananas smell good and are mushy. He has discovered  
102 that Cheerios and crackers feel rough and hard. Sam can feed himself!  
116 Sam knows that applesauce is cold and can be eaten with a spoon. Mashed  
132 potatoes and oatmeal are warm and stick well to a spoon. Sam has watched his mom  
149 and brother eat with forks and spoons. Sam feels like a big boy when he uses his  
154 spoon. He can feed himself!  
167 Sam's mom knows that toddlers learn by doing. They grow and develop by  
182 exploring and trying new things. Sam has learned to feed himself. He is ready to  
199 learn more! Sam's mom wants Sam to be a bright and healthy boy. She lets him do  
213 as many things as he can for himself, as long as he is safe.

