

# Helping Others

## Pre-reading

### Questions:

- How do you help others?
- Why is it a good thing to do?

### Definitions:

- Deed – something done; an act or action
- Expect – to think something will happen



Photo courtesy of Broadspire

## Reading

15 Sarah desired to live in a safe town where people are kind and support each  
30 other. She also wanted to get to know more people in her **community**. She knew  
38 helping others was a way to do both.

52 Sarah **volunteers** at a local food shelf. She helps stock shelves and bags food.  
68 She also gives homework help to kids at a local youth center. She has shown others  
73 ways to become more involved.

87 Brad, Kim and their children volunteer as a family. They have fun and help  
103 others at the same time. They rake leaves for people in the fall. They plant flowers  
118 and wash windows for people in the spring. They have made many new friends by  
120 helping others.

131 Manuel also volunteers in his town. He shovels people's sidewalks. He  
146 drives elderly people to the store. In the summer he coaches his son's soccer team.  
162 His son loves it! Plus, Manuel has gotten to know many of his son's friends and  
164 their parents.

177 There are many ways to volunteer. You could walk a neighbor's dog. You  
190 could clean trash from ditches. You could read to children at school. Volunteering  
204 builds kind and caring communities. When you volunteer you do a good deed for  
213 free. You help others without expecting anything in return.

**Level 4.0**

## Understanding

1. What does the word **community** mean? \_\_\_\_\_  
\_\_\_\_\_
2. Why did Sarah want to help others? \_\_\_\_\_  
\_\_\_\_\_
3. What does it mean to **volunteer**? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. Why is coaching a good way to help others? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. List five ways to volunteer. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Writing

How do you help others? What kind of volunteering do you do? Or, what could you do?

---

---

---

---

---

---

---

---

---

---