Helping Others

Pre-reading

Questions:
• How do you help others?
• Why is it a good thing to do?

Definitions:
• Deed – something done; an act or action
• Expect – to think something will happen

Reading

Sarah desired to live in a safe town where people are kind and support each other. She also wanted to get to know more people in her community. She knew helping others was a way to do both.

Sarah volunteers at a local food shelf. She helps stock shelves and bags food. She also gives homework help to kids at a local youth center. She has shown others ways to become more involved.

Brad, Kim and their children volunteer as a family. They have fun and help others at the same time. They rake leaves for people in the fall. They plant flowers and wash windows for people in the spring. They have made many new friends by helping others.

Manuel also volunteers in his town. He shovels people’s sidewalks. He drives elderly people to the store. In the summer he coaches his son’s soccer team. His son loves it! Plus, Manuel has gotten to know many of his son’s friends and their parents.

There are many ways to volunteer. You could walk a neighbor’s dog. You could clean trash from ditches. You could read to children at school. Volunteering builds kind and caring communities. When you volunteer you do a good deed for free. You help others without expecting anything in return.

Level 4.0
Understanding

1. What does the word **community** mean? ______________________________________________

2. Why did Sarah want to help others? ________________________________________________

3. What does it mean to **volunteer**? _________________________________________________

4. Why is coaching a good way to help others? _________________________________________

5. List five ways to volunteer. _______________________________________________________

Writing

How do you help others? What kind of volunteering do you do? Or, what could you do?

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